## FV – Neighbors Helping Neighbors

A group of FV residents are volunteering to share their time and talents to help neighbors in times of illness or recovery from illness, experiencing life event changes, or need help. As our FV community has grown and friendships continue to build we are becoming a "family within a family".

Volunteers are willing to help neighbors with the following:

- > Provide meals during illness, recovery or life event change.
- ➤ Minor home repairs as changing ceiling light bulbs, batteries for smoke detectors or replace toilet flappers.
- Run errands such as picking up prescriptions, groceries, etc. for neighbors unable to drive due to illness or recovery from illness.
- ➤ Neighbors needing miscellaneous support or assistance. This might include watering of plants and trees, mowing lawns, shoveling a sidewalk, etc. depending on the needs of a neighbor.

Please contact Kay Williams at 816-876-9641 if you feel FV – Neighbors Helping Neighbors could help support or assist you.